

Thanet Key Step Gymnastics Development Festival 2019

DON'T MISS OUT! FANTASTIC OPPORTUNITY TO LEARN!

We are delighted that Nemesia Willis, Level 5 Gymnastics Coach will be joining us again on 10th January 2019 at the Development Festival for the third year in a row! With Nemesia's expertise, we hope that all schools will have a good understanding of Key Step Gymnastics going forward for the KSG qualifying event in March 2019.

VENUE: Ursuline College, Westgate on Sea, Kent, CT8 8LX

DATE: 10th January 2019

TIME: 10:00am-12:00pm

There is a table to complete on the entry form which allows you to indicate areas that you may need support with. This will enable the festival to be heavily focussed on YOUR needs.

Format

The Key Step gymnastics programme has been produced to provide a progressive competition structure in basic movement and agility that is suitable for children from Key Stage 1 upwards. The aim is to encourage more children to start with gymnastic skills related to the National Curriculum and British Gymnastics through a co-ordinated approach, providing pathways of development.

With that in mind, the Development Festival will provide the opportunity for Teachers and pupils to learn more about Key Steps such as understanding the language used, interpreting the resources, understanding how movements are judged, learning the skills required. Although there will be the opportunity for pupils to take part in the activities outlined in your Key Step Gymnastic Resource Packs, there will not be any judges.

The table below describes the 4 different categories, these are new for the Kent School Games event in 2018, so please do read carefully.

Team Competition Format

This is **NOT** appropriate for pupils who attend school based extra-curricular clubs or Community Club recreational class programmes for more than 1 hour per week, or who are in **any** type of development squad or discipline specific squad – including Floor and Vault.

There are **4 categories:**

| | | |
|--------------------|------------------|---|
| Key Stage 1 | Years 1/2 | Teams working to the Key Step Level 1 activities |
| Key Stage 2 | Years 3/4 | Teams working to the Key Step Level 2 activities |
| Key Stage 2 | Years 5/6 | Teams working to the Key Step Level 2 activities |
| Key Stage 2 | Years 5/6 | Teams working to the Key Step Level 3 activities |

General Festival Rules

- Schools can enter **2 teams per category** and **6 teams per school**
- Teams of 4 from the stated year groups, must include at least one girl and one boy
- Dress: - 'T'-Shirt and Shorts or leotards; Bare feet. Long hair tied back.
- No Jewellery permitted.

Thanet Key Step Gymnastics 2018/19 – Team Entry

The information you supply is used to populate competition information for the day, please ensure you enter **ALL** the details correctly, and take note of the rules and who you can enter.

Schools can enter **2 teams per category** and a **MAXIMUM of 6 teams per school**.

| | |
|----------------------------|--|
| School Name | |
| Contact Name | |
| Contact Telephone Email | |

Team Entry

| Category | Team of 4 entered (✓) | No. of Boys | No. of Girls |
|-----------------------------------|-------------------------|-------------|--------------|
| Yr 1 / 2 Team – Key Steps Level 1 | | | |
| Yr 3 / 4 Team – Key Steps Level 2 | | | |
| Yr 5 / 6 Team – Key Steps Level 2 | | | |
| Yr 5 / 6 Team – Key Steps Level 3 | | | |

Please indicate (✓) in the table below, your needs for development.

| | Yr 1/2 Level 1 | Yr 3/4 Level 2 | Yr 5/6 Level 2 | Year 5/6 Level 3 |
|-----------------|----------------|----------------|----------------|------------------|
| Body Management | | | | |
| Floor Exercise | | | | |
| Vault | | | | |

To enter please complete the entry form and send by email to:

gary.rees@tinyonline.co.uk

By Midnight on **Wednesday 5th December 2018**

Please note that all schools will need to bring along their Key Step Gymnastic Resource Pack. If you do not have this, please indicate when you send your entries.