



# CHANGE 4 LIFE

## GAMES FESTIVAL 2020



Thursday 13<sup>th</sup> February 2020, 3.45pm – 5.45pm

At Garlinge Primary School

This event will be an indoor event for children in years 3 and 4 and will be aimed at those who may be a part of your Change 4 Life clubs or those who are yet to represent the School. Please note that this is for enjoyment and participation and representing the school games values – there are no scores kept!

Teams will consist of 4 players and can be mixed boys/girls.

There are spaces for 10 teams which will be allocated a first come, first served basis.

I have the attached basic details of the festival so that you can see the activities we will be using from the School Games resources should you wish to practice before but children can arrive on the day without any previous experience of playing these games.

Everyone will get a participation medal and we will play towards the Sporting values rather than looking for a competitive winner. After each activity, the Sports Leaders will nominate 1 person from each team for demonstrating the chosen Sporting value for that event. Their names will go into a raffle and the child picked at random at the end will receive a prize.

Each School will also have their names put into a draw if they complete each activity showing respect to others. The winners will be awarded a Respect trophy for their school.

**To sign up please email Lisa Sparkes: [Sparkesl@garlinge.kent.sch.uk](mailto:Sparkesl@garlinge.kent.sch.uk) no earlier than 7.30am on Thursday 30<sup>th</sup> January. Closing date is midday Monday 3<sup>rd</sup> February. Please include details of the adult in charge – email and telephone numbers please.**

## Change 4 Life Festival

4 in a team – 2 teams at each event

### Events

<p><b>Event 1: Tri Golf</b>            Challenge 1: Dominoes            Challenge 2: Finders            Keepers</p>		<p>Can you believe that you can hit the target – even if you miss?</p>
<p><b>Event 2: Squash</b>            Squash Challenge Card:            Shuttle relay            Squash Competition card:            Hit a cone</p>		<p>Can you show honesty by only collecting a cone if you hit it? or by putting the ball on the racket if it falls off before carrying on in the relay?</p>
<p><b>Event 3: Basketball</b>            Basketball Challenge Card:            Timed relay            Basketball Competition card: match 4v4</p>		<p>Can you work as a team by encouraging each other and by making sure you make lots of passes in the match?</p>
<p><b>Event 4: Boccia</b>            Boccia challenge card – numbers mat            Boccia competition card- match</p>		<p>Can you stay focused and try your hardest each time you throw?</p>
<p><b>Event 5: Handball</b>            Handball Challenge Card – Shooting stars            Handball Competition 4 v 4</p>		<p>How determined are you to succeed and hit the target?            How determined are you when attacking AND defending?</p>
<p>Team award for each event:</p>		<p>Can you show respect to your team mates, the other teams and the leaders?</p>